



Saline nasal rinsing solution
15 ml metered dose nasal spray (107 doses)
5 ml single use plastic ampoules

What is Otrisalín?

Otrisalín is an isotonic saline solution at physiological concentration and pH. Otrisalín also contains a constituent which moistens the nasal mucosa.

What is Otrisalín used for?

Otrisalín helps you clean your baby's or child's nose in depth in a gentle and soothing manner. Otrisalín is also suitable for adults.

Why should you clean your baby's nose?

The most natural method of cleaning the nose is blowing it. A clean nose helps eliminate nasal problems.

Babies and infants do not know how to blow their noses. For this reason, your baby's nose must be regularly cleaned. The best way of doing so is to wash the nostrils with an isotonic saline solution which dilutes the nasal secretions while maintaining the humidity of the mucous membranes.

How is Otrisalín used?

Otrisalín is recommended for babies, infants, children and adults (and during pregnancy and lactation).

Metered dose nasal spray



Image 1

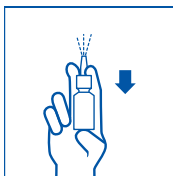


Image 2

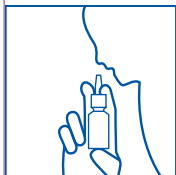


Image 3

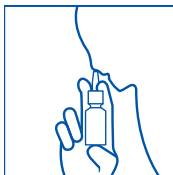


Image 4

Remove the protective cap from the container. (Image 1)
Hold the base of the container with the thumb and the nozzle between the index and second finger. When you use the container for the first time, press the pump several times until you obtain a normal spray before inserting it into the nostril. The container is then ready for use. (Image 2)

Insert the nozzle into the nostril. (Image 3)

Spray while breathing in. Repeat the same procedure in the other nostril. (Image 4)

After use, clean the nozzle. One to 2 sprays in each nostril, several times a day, depending on the case.

Single use plastic ampoules

Unscrew the cap from the ampoule. Introduce the ampoule nozzle into the nostril with the head tipped backwards.

Babies: instill dropwise by pressing the ampoule gently between the fingers.

Children and adults: apply stronger pressure to the ampoule. Allow to act. Then use a paper tissue in order to remove the nasal secretions.

If necessary, close the ampoule by replacing the cap and pressing. Once opened, the contents of the ampoule may be used over the next 24 hours.

In general, 1 to 2 applications (dropwise instillation or rinsing) in each nostril is sufficient.

What does Otrisalín contain?

Metered dose nasal spray

Sodium chloride 0.74% w/v, Benzalkonium chloride, Monobasic dihydrate sodium phosphate, Dibasic sodium phosphate, Cremophor RH 40, Sodium edetate, Purified water.

Single use plastic ampoules (without preservatives) Sodium chloride 0.74% w/v, Monobasic dihydrate sodium phosphate, Dibasic sodium phosphate, Cremophor RH 40, Purified water.

Warning and precautions. No special precautions are required when Otrisalín is used as directed. But after nasal operation or nasal injury, medical clarification is required before using Otrisalín, particularly if another nasal medication for local application is being used simultaneously.

Contra-indication. Known hypersensitivity to any of the ingredients.

Storage

Metered dose nasal spray

Do not store above 30 °C. The expiry date is indicated on the container and box.

Single use plastic ampoules

Do not store above 25 °C.

The expiry date is indicated on the ampoules and box. Once the ampoule has been opened, use within 24 hours.

Presentation

Metered dose nasal spray: 15 ml flacon.

Single use plastic ampoules: 18 x 5 ml, 36 x 5 ml doses.

Novartis Consumer Health SA
Nyon Switzerland



(THIS IS A MEDICAMENT)

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.

Keep medicament out of reach of children

Council of Arab Health Ministers Union of Arab Pharmacists

E-AR 907224 – 144583